

POSTNATAL CONTRACEPTION

Don't delay - think about it today!



Did you know?

Studies have indicated that your fertility can return as soon as three weeks after having your baby - even before you have your first period.

It is good to think about contraception and family planning even before you have had your baby.

This will help you to get started on a method of contraception immediately or very soon after having your baby should you wish to do so

We know that choice of a safe, user-friendly method, tailored to your needs is vital - especially when life is busy and tiring after the birth of a baby.

A NEW CONTRACEPTION SERVICE - ESPECIALLY FOR NEW MOTHERS



Assessment and
advice



Full range of
contraception options



IUD and IUS fitting ("coil")
Same day service*



Contraceptive implant
Same day service*

*Subject to full assessment and
consideration, time allowing, and
you have someone with you to
care for any small mobile children.



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Wednesday
afternoons:
1.00pm-4.00pm

Call 020 7683 4103
to book an
appointment

Or just drop in

HOMERTON SEXUAL HEALTH

